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| 1. Meditate (clear your mind) 2. Set goals 3. Read daily 4. Judge less 5. Eat healthy 6. Love yourself 7. Wake up early 8. Start a journal 9. Quit bad habit 10. Ask for feedback 11. Learn a new skill 12. Believe in yourself | 1. Plan anew strategy 2. Learn how to invest 3. Don’t make excuses 4. Stop procrastinating 5. Review your finances 6. Focus on the positive 7. Change your attitude 8. Learn a new language 9. Question your purpose 10. Focus one thing at a time 11. Don’t compare yourself 12. Automate and delegate | 1. Acknowledge your flaws 2. Identify your blind flaws 3. Leave your comfort zone 4. Change your social circle 5. See failure as opportunity 6. Follow an exercise routine 7. Make a business bucket list 8. Start being mor organized 9. Quit things that aren’t working 10. Write a letter to your future self 11. Watch educational video 12. Start a new routine |